



Fracture Alliance

Making the first break the last

SOSFA Strategic Plan 2021-2023

Who we are

The Australian National Secondary Fracture Alliance (or 'SOS' Fracture Alliance) was founded in October 2016, bringing together health-professional and community organisations from diverse backgrounds (www.sosfracturealliance.org.au). Currently the Alliance has 38 member organisations which collectively have more than 3 million individual members.

Our Vision:

- All Australians with fragility fractures receive preventative care that prevents the occurrence of subsequent fractures and thereby reduces needless suffering, disability and untimely death.

What we hope to achieve

The aim of the Alliance is to translate the evidence for the effectiveness of existing strategies for secondary fracture prevention (SFP) into tangible health benefits, i.e. the development of an approach (or approaches) applicable to the Australian health system. The members of the Alliance are convinced that working together will deliver consistent and targeted messages, and that focusing multiple organisations in one united voice is most likely to lead to change.

Our Mission:

- To bring about change whereby all Australians who experience an osteoporosis-related fracture are offered and can access an effective program to prevent further fractures.

Our Goal:

- The SOS Fracture Alliance aims to be a lead organisation to advocate for change at all levels of health services and see best practice secondary fracture prevention programs available to all Australians with osteoporosis-related fractures.

What we have achieved so far

Following the formation of the Alliance in 2016 and the implementation of our original Strategic Plan, the Alliance has successfully:

- Completed a detailed survey of nearly all Australian Fracture Liaison Services in partnership with the Sax Institute (2018)
- Based on the results of this survey developed an evidence-based model of care that integrates *primary, secondary and tertiary care (the 'SOSFA model')* outlining a pathway to implement effective secondary fracture prevention across Federal, State and Territory jurisdictions.



- Submitted a fully costed 'Demonstrator Site Proposal' (DSP) to Federal and State governments that, if supported, would test the feasibility and clinical /cost-effectiveness of the SOSFA model.
- Completed a GP Focus Group Survey in partnership with the Central and Eastern Sydney PHN that identified barriers and opportunities from the Primary Health point of view for developing and implementing effective SFP programs.
- Completed a comparative study of two '*Electronic Case Finding*' tools that may be used for SFPP programs to identify patients with sentinel fractures from electronic patient records.
- Developed and released an "Osteoporosis in Australia" awareness video.

What we plan to do in 2021 through 2023

Strategic Direction 1: Build the case for Australian SFP programs

Action 1 - NHMRC-funded study into secondary fracture prevention.

The Alliance will cooperate in the management of a NHMRC-funded study into the feasibility and clinical and cost-effectiveness of an evidence-based, integrated model of care for secondary fracture prevention to provide the evidence base for the implementation of comprehensive SFP programs in Australia.

Action 2 - SFP FLS Registry Project

The Alliance will co-ordinate and oversee the development and implementation of the Australian "Secondary Fracture Prevention Services Registry" to document, and report on, the current and ongoing level of SFP in Australia, and to allow for systemwide improvements and international comparisons. SOSFA will partner with NZ organisations to form an Australian New Zealand register.

Action 3- Electronic Case Finding Project

The Alliance will advocate for the further testing and adoption of electronic tools in healthcare facilities across all Australian jurisdictions to improve case finding of sentinel fractures and their referral to appropriate SFP programs; with a particular focus on expanding beyond the current NSW based test sites.

Strategic Direction 2 - Advocate for the implementation of effective SFP models of care across Australia

Action 1- Demonstrator Site Proposal advocacy

The Alliance will continue to advocate for the implementation of integrated SFP models by Commonwealth, State and Territory Governments.

Action 2- Professional and Community Awareness

The Alliance will generate broad support for effective secondary fracture prevention by continuing to engage with professional, consumer and broader community organisations to raise awareness of the importance of secondary fracture prevention and specific Alliance activities.